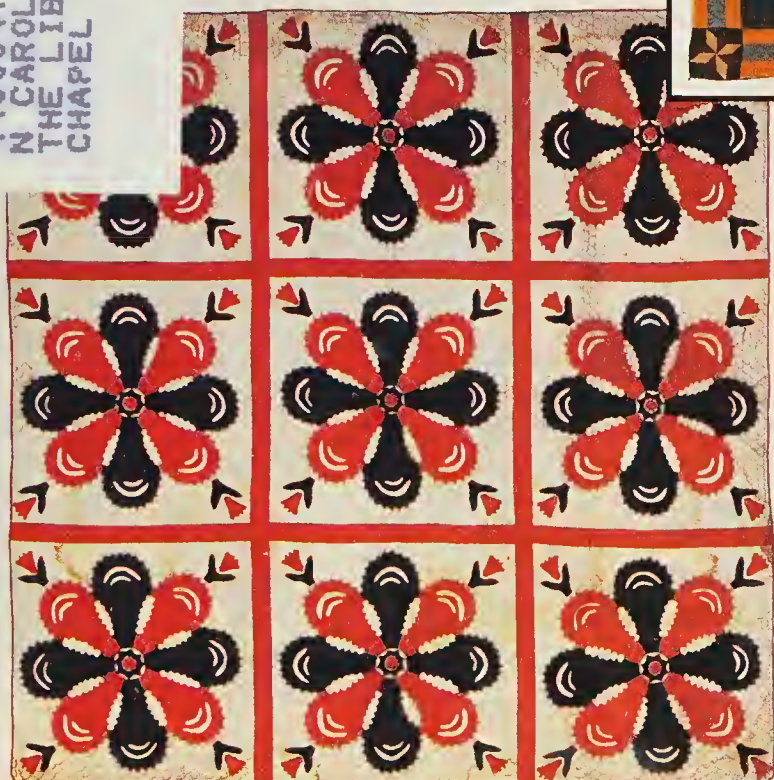


November
1988

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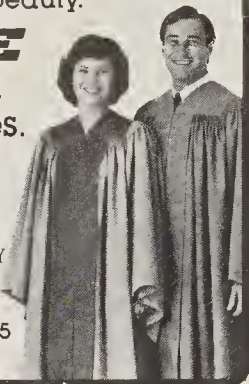
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Kiss The Cook But Thank A Farmer

The turkey and trimmings will cost a bit more this year, but considering the summer's drought, this is one Thanksgiving when we should be truly grateful for the sumptuous meals we can put on the table.

Folks in the cities might not understand that.

For city dwellers, the drought was measured by beach-bound traffic jams, soaring air-conditioning bills and yellowing lawns. But in rural America, the long dry spell meant, and continues to mean, leaner times for farmers and their neighbors, failed crops and disaster payments, shaken faiths and, for some, departure from the land. It meant longer hours of work for shorter returns.

But in cities, this drought-inflicted rural suffering translates into only a few extra—but begrudged—cents for a loaf of bread or a box of cereal.

So it's a good year for Farm-City Week; a good year to remember that we're all in this together.

Like Agriculture Day and Agriculture Week in the spring, Farm-City Week is a national effort to spotlight the contribution agriculture makes to the national economy. But Farm-City Week, celebrated the week ending on Thanksgiving Day for the past 33 years, strives to make the point in ways that city folks won't soon forget.

In Iowa, for example, local Farm-City clubs arrange for job swaps during the week. Thus, a pizza shop operator found herself chasing sows around a pigpen one day while a bewildered pig farmer tried to keep up with pizza orders as they poured in. In Colorado, students from city schools spend 10 days working on farms and ranches, doing everything from rounding up cattle to repairing fences.

Whatever the mode of celebration, the National Farm-City Council is doing its best to make the nation's urban population aware of the important contribution that the farm community makes to the quality of life in cities—from the Thanksgiving dinner table to the summer barbeque grill.

The work of the council and its local affili-

ates—educating urban people about the importance of agriculture to the economy of the whole nation—is important work. Agriculture doesn't just affect the Main Streets of surrounding rural communities; it provides jobs and income for one out of every five workers nationwide, making it the country's number one employer.

In 1987, American consumers spent upwards of \$375 billion—more than \$1 billion a day—on food produced on U.S. farms and ranches. But only about a fourth of this national grocery bill actually paid for food: salaries and benefits claimed \$128 billion of the total; packaging accounted for \$30 billion; transportation costs ate up \$17 billion; fuel and energy took \$13.6 billion. The rest went toward depreciation, advertising, rent, interest, profits and other expenses.

So, every dozen eggs you buy for 99 cents nets the farmer whose chickens laid them just 53 cents. And the farmer may get just 13 cents from a box of cereal that costs you \$2. The farmer receives an average of 25 cents or so for every dollar the consumer spends at the market. And the difference will be more dramatic as consumers demand more convenience in packaging and food preparation.

Since the days of colonial tobacco plantations, a complete farm-city population reversal has occurred. In colonial times, 98 percent of the people lived on farms. Today, about 2 percent of Americans call the farm their home.

The nature of the farmer's job has changed drastically as well. Today's farmers are professionals, astute business owners who must successfully manage an extraordinary lot of valuable assets: American farm assets totaled nearly \$712 billion in 1987. Today's farmers are entrepreneurs, managers, mechanics, politicians. They're at the mercy of the weather yet are expected to feed more than 114 people each and to keep U.S. food prices among the lowest in the world.

So when the smells of Thanksgiving waft through your home this November 24, kiss the cook, but thank the farmer.

—John Vanvig, *Rural Electric News Service*





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1988

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EDITOR'S LETTER

Dear Readers,

This month we salute North Carolina quilts and quiltmakers by featuring five old quilts on our cover and three special stories about quilts.

Our primary focus is on an exhibit of quilts at the North Carolina Museum of History in Raleigh and a new book published by the University of North Carolina Press.

Both the exhibit and the book spotlight quilts that were documented as part of the North Carolina Quilt Project, which gathered information about more than 10,000 quilts that were made in North Carolina before 1976.

The project was organized as a non-profit corporation in 1985 to establish a permanent record of Tar Heel quilts. Organizers traveled throughout the state holding "quilt documentation days" for this purpose. They set out with plans for 50 such days, but public response was so great they added another 25.

This monumental effort began only after financial assistance was offered by the North Carolina Quilt Symposium, Inc. and the museum pledged to mount an exhibit of quilts from the project.

In her preface to the book, Project Director Ruth Haislip Roberson, pointed out that many North Carolina women put in hard work to establish this valuable record—those who made the quilts and those who helped with the documentation.

She added, "An important facet of quilting always has been the longing to create something beautiful and lasting for those who live after us. We see the work of the North Carolina Quilt Project as our legacy in that same spirit."

Among the quilts documented by the project were the five represented by our cover. They are:

Upper Left—This pieced and appliqued Peony quilt was made in the 1880s in Wake County by Genoa Rox Hunter Freeman.

Upper Right—A variation on the Lone Star pattern, this quilt was made around 1908 in Perquimans County by Betty Twine Hobbs.

Lower Right—This quilt, in the Prairie Star design, was made in 1880 in Edgecombe County by Keron Edwards Hales and/or Nancy Edwards Hearne.

Lower Left—This quilt with an unidentified pattern was made in 1877 in Lincoln County by Emma Poovey.

Center—This square is from a Feathered Star quilt made in 1886 in Person County by members of the McCulloch family.

All photos are Copyright North Carolina Quilt Project.

On pages 24 and 25, you'll find stories about the museum's exhibit and the book, along with a feature about a new quilt that made national headlines in recent months. It was the handiwork of two Alleghany County women, who made it at the request of the U.S. State Department. It was presented to Mrs. Raisa Gorbachev by Mrs. Nancy Reagan as a gift from the United States.

Best regards,

Owen Bishop



Co-op CEO Leading Southern States On Its “Noble” Mission

When you talk to Gene A. James, you’re talking to Southern States Cooperative.

It’s not just that James happens to be the co-op’s president and chief executive officer. He seems to personify the conservative, straight-forward business approach that has guided Southern States for the past 65 years.

Owned and controlled by about 370,000 farmer-members and based in Richmond, VA, Southern States distributes feed, seed, fertilizers and home and garden products to farm and non-farm families in six states through the co-op’s 550 local dealers. It also markets grain, corn and soybeans in certain areas.

Founded in 1923 as the Virginia Seed Company, the co-op’s principle purpose

remains unchanged today: to help farmers.

“We have a deep-seated feeling that we’re involved in a very noble mission—that is to help farmers improve their economic welfare,” said the Elk Creek, VA, native. “I believe in that, and our employees believe in that.”

In his 35 years with Southern States, James has seen practically every aspect of the cooperative. He began his career in 1953 as a manager-trainee and worked his way up to become president in 1980.

Using a tight-fisted approach, Southern States has remained healthy during recent troubled agricultural times—and recorded more than \$740 million in sales last year.

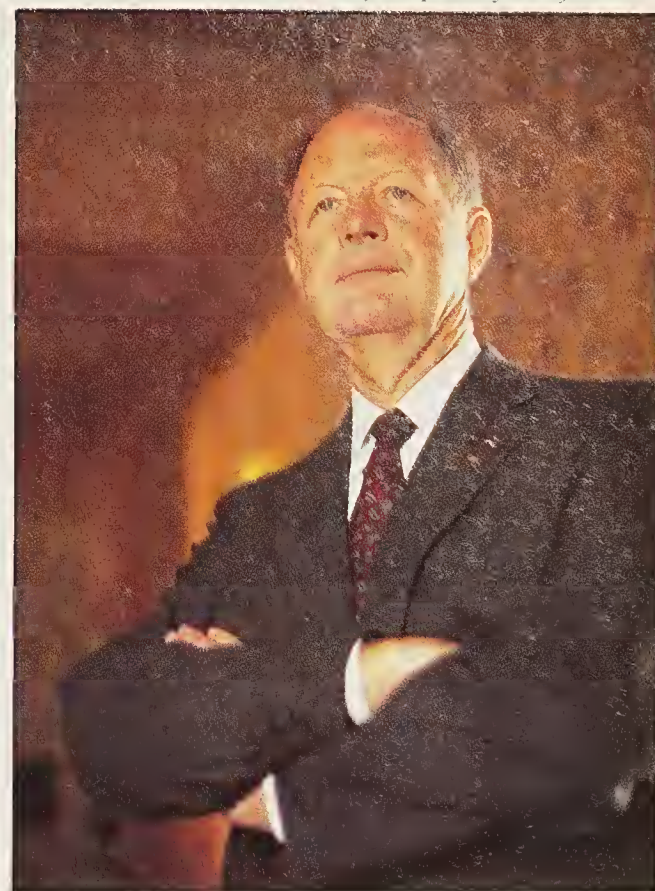
Says James: “We see our business as one that has a fairly

high degree of risk in it, so we try to keep our spending patterns rather conservative.”

After a few years of slowly declining sales, revenues picked up a healthy 13 percent in 1988. But James doesn’t believe the success or failure of his organization depends solely on increasing bottom-line figures. James says growth and increased sales shouldn’t come at the expense of the co-op’s members.

“If you go back to our basic mission of helping enhance the economic welfare of farmer-members—that doesn’t suggest that our strategy should be to get as big as possible.”

However, when the opportunity is there, Southern States has been eager to expand into new markets. One of the biggest expansions



came in 1986, when Southern States acquired the North Carolina facilities of the troubled FCX, Inc. Now, Southern States’ total North Carolina operation generates sales of more than \$100 million a year.

“We were delighted to have the opportunity to come into North Carolina,” he said. “However, we weren’t so delighted with the circumstances that brought us—the failure of FCX, a long-time friend of Southern States.”

James admits that Southern States’ conservative business philosophy matches his own—and he makes no apology for that.

“If you aren’t conservative in the

beginning, it would probably rub off on you,” said James. “A lot of my training came under people who had that conservative outlook.”

James’ outlook may be conservative but that doesn’t mean he wants the co-op to cling to the status quo. In fact, he says Southern States must adopt new methods and new ideas to remain a dynamic organization—no matter how successful it may be today.

“I’m anxious for change. I’m anxious to do the right thing,” he said. “We want to grow—that’s the American way. However, we’re in a risky business. There’s not a lot of room for mistakes in agriculture.”



HERE, THERE & EVERYWHERE



Holiday Season Celebrations Slated

Special holiday season events slated during the weeks ahead include:

- Country Christmas in Historic Halifax, featuring a craft show and tour of restored homes, will be held Dec. 2-3 in Halifax. For more information, contact Margaret Phillips, P.O. Box 406, Halifax, NC 27839. Phone: (919) 583-7191.
- Walking tours of historic homes and public buildings will be featured in the 2nd Annual Christmas in Historic Hillsborough Dec. 4. For more information, contact the Hillsborough Chamber of Commerce, 228 S. Churton St., Hillsborough, NC 27278. Phone: (919) 732-4501 or 732-8156.
- Edenton's James Iredell House and the Cupola House will hold separate holiday events Dec. 4. For more information, contact Linda Eure, P.O. Box 474, Edenton, NC 27932. Phone: (919) 482-3663.
- Three historic homes in Bath will hold Christmas open houses Dec. 4. For more information, contact Gerald Butler, P.O. Box 148, Bath, NC 27808.
- Hope Plantation in Windsor will be decorated for the holidays and may be viewed Dec. 4-19. For more information, contact Jai Jordan, Hope Plantation, P.O. Box 601, Windsor, NC 27983. Phone: (919) 794-3140.
- An open house at Creswell's Somerset Place, featuring decorations and refreshments, is set for Dec. 4. For more information, contact Bill Edwards, Somerset Place, Creswell, NC 27928. Phone: (919) 797-4560.
- The Coastal Carolina Christmas Walk, featuring tours of two private homes, is slated for Dec. 10 in Beaufort. For more information, contact the Beaufort Historical Association, P.O. Box 1709, Beaufort, NC 28516. Phone: (919) 728-5225.
- The Elizabeth II in Manteo, a representative 16th century sailing ship, will offer refreshments and entertainment in an Elizabethan flair Dec. 11. For more information, contact Jean Barger, Elizabeth II, P.O. Box 155, Manteo, NC 27954. Phone: (919) 473-1144.
- A special exhibit of antique toys and art prints will be displayed at the Blount-Bridgers House Dec. 10-23 in Tarboro. For more information, contact Meade B. Horne, Blount-Bridgers House, 130 Bridgers St., Tarboro, NC 27886. Phone: (919) 823-4159.
- The Candlelight Progressive Christmas Dinner will be held Dec. 13 in five historic buildings in Murfreesboro. For more information, contact Kay Mitchell, Murfreesboro Historical Association, P.O. Box 3, Murfreesboro, NC 27855. Phone: (919) 398-4886.

Ag Hall of Fame Taps "Mr. 4-H"

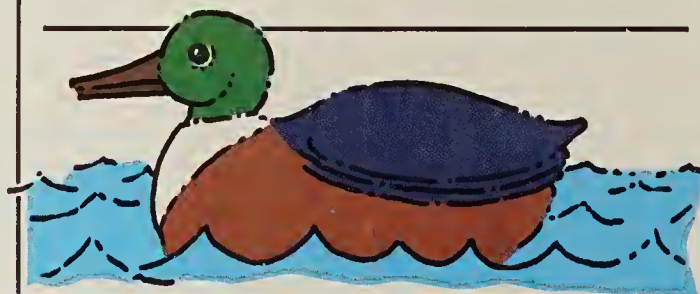
The late L. R. Harrill, who was internationally known as "Mr. 4-H," has been enshrined into the North Carolina Agricultural Hall of Fame.

"L. R. Harrill had a profound influence on the lives of rural and urban boys and girls, fairs and other agricultural events and rural living conditions," Agriculture Commissioner Jim Graham said during the enshrinement program. "His influence continues today as the children, grandchildren and great-grandchildren of those first 4-H members perpet-

uate the ideals and principles upon which 4-H was founded."

Harrill, a pioneer in youth agricultural education and leadership, was the first state 4-H leader. From an initial four counties in 1926, he developed a statewide 4-H program by 1939. At the request of the USDA, he introduced the essence of the 4-H movement in Australia.

The L. R. Harrill 4-H Scholarship Endowment was established in 1963, and the Youth Center at the N.C. State Fairgrounds was named in his honor.



Harkers Island Festival To Feature Decoy Competitions

Decoy carving and decoy painting competitions will highlight the Core Sound Waterfowl Festival Dec. 3-4 at Harkers Island Elementary School.

The festival, which runs from 10 a.m. to 9 p.m. the first day and 10 a.m. to 5 p.m. the second day, will feature an auction at 1 p.m. on Dec. 4 with decoys, paintings and prints up for bid.

For more information, contact the Core Sound Decoy Carvers Guild at P.O. Box 308, Harkers Island, NC 28531. Phone: (919) 728-7316.



HERE, THERE & EVERYWHERE



Potters Market Slated In Marion

Handmade clay works for show and sale will be in ample supply at the Appalachian Potters Market Dec. 3 at the McDowell High School commons area in Marion.

The show will run from 10 a.m. to 5 p.m.

For more information, write or call the Appalachian Potters Market, McDowell Arts and Crafts Association, Box 1387, Marion, NC 28752. Phone: (919) 652-8610.

New Shows Opening At Art Museum

Three exhibits will open soon at the North Carolina Museum of Art in Raleigh.

- An exhibit of collages by artist Edith London will open Oct. 22 and run through Jan. 8. The exhibition will feature London's efforts over the past 15 years—showcasing her work with torn paper and oil pastels.

- Ceremonial and practical objects from the Northwest Coast Indians will be on display from Nov. 20 through Jan. 15. The objects, which include headdresses, masks and rattles, are on loan from the American Museum of Natural History in Washington.

- Drawings and models by young architects practicing in the United States will be on display from Nov. 22 through Dec. 31. Organized by the Harvard University Graduate School of Design, the exhibition is presented in collaboration with the N.C. State School of Design.

For more information on the exhibitions, write the museum at 2110 Blue Ridge Road, Raleigh, NC 27607. Phone: (919) 833-1935.

Festival of Trees Set In Wilmington

More than 70 decorated Christmas trees will be on display at the Festival of Trees, Nov. 26-Dec. 4 at the Wilmington Hilton.

The festival, sponsored by the Friends of Hospice, will benefit the Lower Cape Fear Hospice, a program of care and

support for the terminally ill and their families.

The festival will also feature workshops on ornament and decorating ideas, raffles, Christmas gift wrap and music from area musicians.

For more information on the festival, write or call the Festival of Trees, 5221 Wrightsville Ave., Wilmington, NC 28403. Phone: (919) 799-2538 or 392-4313.

Civil War Book Now Available

North Carolina and the Coming of the Civil War, a new book published by the N. C. Department of Cultural Resources, is being offered through mail order sales.

Written by William C. Harris, the 65-page book details the events leading up to the state's secession from the Union in 1861.

Copies of the soft cover book are available for \$5 each, including postage, and can be obtained by writing the Historical Publications Section, Division of Archives and History, 109 East Jones St., Raleigh, NC 27611. Make checks payable to the Department of Cultural Resources.



Events Scheduled At Folk Art Center

Various special events are scheduled in December at the Folk Art Center in Asheville.

Baroque, Irish, British and mountain music will be featured with national artists performing. Also, special exhibits, quilt displays and craft demonstrations are scheduled.

For more information, write the Folk Art Center at P.O. Box 9545, Asheville, NC 28815. Phone: (704) 298-7928.

Regiment Now Recruiting For Re-enactments

New members are being sought for the 1st Regiment North Carolina Cavalry—a Civil War re-enactment organization.



The non-profit regiment participates in living history programs, training encampments and battle re-enactments around the state throughout the year.

For more information on the unit, write

or call Gary L. Edmisten, Rt. 6, Box 28, Concord, NC 28025. Phone: (704) 455-6925.

Onslow County To Host Fair

More than 100 artists will be displaying their handmade crafts Dec. 6 at the Arts and Crafts Fair at the Onslow County Museum in Richlands.

The fair, which will feature a medieval theme, will have entertainment and food, as well as activities for children. No admission will be charged.

For more information on the fair, contact Albert Potts at (919) 324-5008.

Continued on page 10



HERE, THERE & EVERYWHERE

Vause New CEO For Credit Union Serving Co-ops

Kay Vause, who has more than 10 years of experience with credit unions, has been named general manager of the credit union serving the employees of North Carolina electric and telephone cooperatives.



Vause will oversee the staff and day-to-day operations of the Electric Membership Corporation (EMC) Employees Credit Union, which has more than \$10.1 million in assets and more than 3,800 members from electric and telephone cooperatives in North Carolina, Virginia, Maryland and Delaware.

Vause has been with the Raleigh-based EMC Employees Credit Union for five years—serving most recently as its director of operations. Previously, she was an employee of the State Employees Credit Union in Raleigh for six years.

A native of Lenoir County, Vause received her bachelor's degree in business administration from the University of North Carolina at Chapel Hill.

She succeeds Benjamin Hill, who resigned earlier this year to become chief executive of a new credit union at Broyhill Industries in Lenoir.

Stained Glass Image Featured On Yule Cards

A detail from the rear window of the Church of the Good Shepherd in Rocky Mount is featured on special Christmas cards the church is selling as a fund-raising project.

The cards are available for \$10 for a box of 25, including postage. Make checks payable to the church and send orders to Pam Marshall, Church of the Good Shepherd, P.O. Box 1892, Rocky Mount, NC 27802.

County Records Book Revised

The revised 10th edition of the *Guide to Research Materials in the North Carolina State Archives, Section B: County Records* is

now available through the mail.

A valuable tool for researchers, the book lists more than 5,900 bound volumes, 10,000 cubic feet of loose records and 22,000 reels of microfilm in the archives which can be used to track genealogy or local history.

The 319-page effort updates all previous editions of the book.

Copies of the book are available for \$12 (\$10 for the book and \$2 for postage) and can be obtained by sending a check to the Historical Publications Section, Division of Archives and History, 109 East Jones St., Raleigh, NC 27611. All checks should be made payable to the Department of Cultural Resources.

Farm-City Festival Slated In Plymouth

Crafts, entertainment and food will be featured at the Washington County Farm-City Festival, Nov. 19, in Plymouth.

For more information, write or call the Washington County Extension office at P.O. Box 70, Plymouth, NC 27962. Phone: (919) 793-2163.

Seven Cooperatives Elect 25 Directors

A total of 25 directors of seven North Carolina Electric Membership Corporations have been elected to new terms during recent co-op annual meetings:

- **Surry-Yadkin EMC**, Dobson—Re-elected were Joe Pendry of Rt. 1, Boonville; J. Aubrey Joyce of Rt. 2, Pilot Mountain; Robert Paul (Jack) Marion of Rt. 2, Pinnacle and Jack Messer of Rt. 1, Traphill.

- **Union EMC**, Monroe—Re-elected were Bruce Thompson of Charlotte; B. L. Starnes of Waxhaw; Jimmy T. Hartsell of Concord and Thurman Harwood of Rt. 1, New London.

- **Cape Hatteras EMC**, Buxton—Re-elected were William Z. Burrus of Hatteras, Ervin M. Farrow Jr. of Avon and Asa H. Gray Jr. of Waves.

- **Crescent EMC**, Statesville—Incumbents elected to three-year terms were Jimmy R. Horton of Rt. 2, Cleveland; Russell A. Cowan of Rt. 2, Cleveland; Tom Bailey Woodruff of Rt. 5, Mocksville; T. L. Brotherton of Cornelius; J. Adrian Dobson of Rt. 11, Statesville; Emory P. Windsor Jr. of Rt. 2, Hamptonville and Ann M. Eller of Rt. 2, Moravian Falls. Mrs. Eller had been appointed to the board earlier this year to fill the unexpired term of her mother-in-law, Opal Eller of Rt. 2, Moravian Falls, who stepped down for health reasons.

- **Carteret-Craven EMC**, Morehead City—Re-elected were Jimmy A. Shaver of Rt. 1, Morehead City; John D. Young of Stella and W. J. Wynne Jr. of Havelock.

- **Central EMC**, Sanford—Re-elected were William C. Dalrymple of Sanford; Johnny J. Chalmers of Rt. 2, Cameron and W. Philip Thompson Jr. of Rt. 2, Siler City.

- **Four County EMC**, Burgaw—Re-elected were Linwood Royal of Elizabethtown; R. E. Pendergrass of Rt. 1, Harrells and Lucille Eakins of Rt. 1, Watha.

For 18 EMCs

CP&L Rate Hike Reduced

Carolina Power & Light Company has agreed to drop almost half of its proposed wholesale rate increase to 18 of North Carolina's Electric Membership Corporations (EMCs).

CP&L's proposed 12.2 percent increase, which went into effect in early September, was reduced to 7 percent as a result of negotiations between the company and North Carolina Electric Membership Corporation (NCEMC), the power supply arm of the statewide EMC organization.

The cut will save the affected EMCs more than \$10 million annually under the negotiated agreement.

"We found the settlement acceptable," said

James M. Hubbard, NCEMC's executive vice president. "It's far more reasonable than the company's original request."

In a bid for higher rates filed with the Federal Energy Regulatory Commission (FERC) in February, CP&L had asked for an increase of \$24.4 million a year.

Hubbard said terms of the settlement between the EMCs and CP&L compare favorably with a recent report from the FERC staff calling for a 9 percent rate hike for CP&L's wholesale customers.

Under the agreement, the EMCs were given new incentives to reduce power costs by using

less energy during peak periods. With the co-ops cutting down on peak usage, CP&L will benefit by being able to delay construction of new generating facilities.

The settlement also calls for CP&L and the EMCs to form a committee that will develop other joint efforts aimed at cutting peak loads.

In asking for the rate increase, CP&L sought to recover a portion of the company's \$3.9 billion investment in the Shearon Harris Nuclear Plant, which went into

operation in 1987.

The company raised the rates charged to the EMCs by 6.3 percent last year to cover part of its Harris investment.

The set-

tlement on the latest rate hike must be approved by the FERC before it can become effective.

The EMCs affected by the increase are: Brunswick, Shallotte; Carteret-Craven, Morehead City; Central, Sanford; Four County, Burgaw; French Broad, Marshall; Halifax, Enfield; Harkers Island; Haywood, Waynesville; Jones-Onslow, Jacksonville; Lumbee River, Red Springs; Pee Dee, Wadesboro; Piedmont, Hillsboro; Pitt & Greene, Farmville; Randolph, Asheboro; South River, Dunn; Tideland, Pantego; Tri-County, Dudley and Wake, Wake Forest.

CP&L's proposed 12.2 percent increase was reduced to 7 percent as a result of negotiations between the company and North Carolina Electric Membership Corporations, the power supply arm of the statewide EMC organization.

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Rural Center Names 7 Directors

Seven new members have been named to the Board of Directors of the North Carolina Rural Economic Development Center, according to Billy Ray Hall, the center's president.

They are Patty Wheeler, publisher of *The Skyland Post* in West Jefferson; Rebecca Williams of Asheville, a consultant with the Land-of-the-Sky Regional Council; William Gibbs of Oriental, owner of several businesses; Ed Israel of Cullowhee, director of Western North Carolina Tomorrow; Albert S. Lineberry Sr. of Greensboro, a member of the N. C. House of Representatives; Daniel T. Lilley of Kinston, a member of the N. C. House of Representatives; and Harbert Moore of Maxton, a farmer and businessman who is vice chairman of the N. C. Commission on Indian Affairs.

Hall said members of the center's 42-member board are selected to represent various segments of North Carolina society: business, finance, agriculture, education, government and public service.

The non-profit corporation was established in 1987 to help improve economic conditions and develop job opportunities in the state's rural areas.

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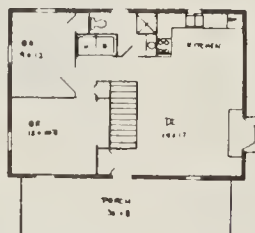
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If You Die Without A Will, State Law Governs How Estate Will Be Divided

If you don't have a current will, it's a good idea to consider preparing one, no matter what your age or physical condition.

If you own any property, or have an interest in some, you owe it to yourself and your family. If you're on the verge of marriage (or divorce) you may want to put your thoughts in legal form. That's also true if you've just had a new baby.

If you think about it and decide to "rock along" without a will for a few years, the State of North Carolina has very definite rules that will apply if you succumb "intestate."

The term has nothing to do with highways; it means someone died and no will could be found.

Here's what state law calls for in such cases:

- If you die leaving your wife or husband, children or their descendants: Your wife or husband receives \$15,000 of personal property, plus one-third of the balance and one-third of all real estate. Your estate must exceed \$15,000 for children to share in personal property. Children receive two-thirds of balance of personal property and two-thirds of real estate. Grandchildren divide their parents' share equally.

- If you die leaving wife or husband and one child or its descendants: Wife or husband receives \$15,000 of personal property plus one-half of the balance and one-half of real estate. Estate must exceed \$15,000 for child to share in personal property. Child receives one-half of personal property and one-half of all real estate. Grandchildren divide their parents' share equally.

- If you die leaving wife or husband but no children or their descendants, but your mother, father or both survive: Your wife or husband receives \$25,000 of personal property plus one-half of the balance and one-half of real estate. Father or mother or survivor receive one-half of personal property and one-half of real estate. (Personal estate must exceed \$25,000 for parents to share in personal property.)

- If you die leaving no wife or husband, but

a child or children or their descendants: The offspring receive entire estate, divided equally. However, grandchildren divide all deceased parents' share equally.

- If you die leaving a wife or husband, but no children or their descendants, no parents but brothers or sisters: The wife or husband receives the entire estate.

- If you die leaving no wife or husband, no children or their descendants, but your father, your mother or both survive: Your mother will receive one-half and your father, one-half. If only one parent survives, he or she receives entire estate.

- If you die leaving no wife or husband, no children or descendants and no parents: Your brothers and sisters divide the estate equally. Nieces and nephews are treated in much the same way as grandchildren in previous examples.

This is simply a summary of the applicable North Carolina law.

If you have other wishes about the disposition of the estate you have or which you might have one day, you can completely bypass the terms of this law by writing your own will spelling how your estate should be handled. The will takes precedence over the law we've outlined.

If you write it yourself, it can be perfectly legal, but preparing a simple will is one of the least expensive services provided by attorneys. So it might be a good idea to talk to your lawyer, tell him or her what you have in mind and find out how much the will would cost.

The lawyer knows the requirements that apply in North Carolina, and wills vary from state to state. Having yours professionally prepared might be an excellent investment—and you can be sure your "Last Will and Testament" is exactly what you want it to be. The attorney will no doubt have some helpful suggestions to assure that it is what you want it to be.

But don't put it off—it's an important item, indeed.

"I don't want to think about it, and I'm just too busy."

This is just one argument that's often offered in defense of delaying the preparation of the important document solemnly known as your "Last Will and Testament."

If you don't have a will, the State of North Carolina has a detailed legal plan for dividing your estate—which may or may not match the way you'd like to see it done.

That plan is outlined in this month's column.

From 10 EMCs

Newsletters Cited

Consumer newsletters published by 10 North Carolina Electric Membership Corporations (EMCs) have been cited for outstanding achievement in a statewide evaluation program for the EMC publications.

The program was sponsored by the North Carolina Association of Electric Cooperatives (NCAEC)—the trade association for the state's 28 EMCs.

Newsletters that were honored each received an "Award of Excellence" plaque presented by James M. Hubbard, NCAEC's executive vice president, at a newsletter editing workshop in Raleigh.

The newsletters were rated by a panel of three judges and awarded points for their coverage of EMC activities, the co-op's role in the community, reader appeal and clarity and forthrightness. Plaques went to all newsletters that met minimum established standards.

The EMCs receiving the citations were:

- Blue Ridge EMC, Lenoir — *The Enlightener* — Beverly Finney, editor; Maggie Gidney, associate editor.
- Carteret-Craven EMC, Morehead City — *The Communicator* — Frank L. Lloyd, editor.
- Crescent EMC, Statesville — *The Crescent Conductor* — R. Maurice (Dusty) Rhodes, editor.
- Edgecombe-Martin County EMC, Tarboro — *Along The Line* — Eddie Stocks, editor.
- Four County EMC, Burgaw — *Member News* — Cathy Johnson, editor.
- Halifax EMC, Enfield — *Hali-Facts* — Dean Hudgins, associate editor.
- Piedmont EMC, Hillsborough — *Piedmont Pipeline* — Todd S. Pope, editor.
- Roanoke EMC, Rich Square — *Roanoke Electric Flashes* — Sue S. Beal, editor.
- Tri County EMC, Dudley — *Tri-Co News* — J. Randall Adams, editor.
- Union EMC, Monroe — *Co-Operative Review* — Tony R. Herrin, editor.

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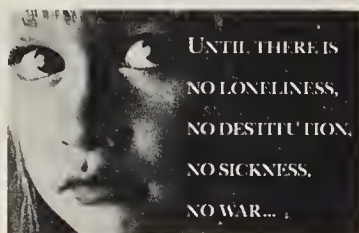
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*Hey, folks, our show has
something new that's
BIG, just like me.
The Appalachian
Mountains!*

North Carolina Mountains Serve As Backdrop For New Sesame Street Footage



North Carolina's majestic Appalachian Mountains and children primarily from the Asheville area will be featured in some of the new season's opening sequences on "Sesame Street," the Children's Television Workshop's award-winning series.

The series, which begins its 20th season Nov. 14, airs weekdays at 9 a.m. and 4 p.m. and weekends at 7 and 8 a.m. on North Carolina Public Television during the summer.

North Carolina was one of three states selected by the Children's Television Workshop in efforts to regionalize the program. Footage from the Arizona deserts and the Louisiana bayous will also be included.

The North Carolina taping took place on the Christopher and Madison MacLaren farm in Sandy Mush, just outside of Asheville. The couple and their two daughters, Mimi, age 6, and Florin, age 4, live in an Appalachian farmhouse that was built in 1905.

Children from Asheville, Chapel Hill, Leicester, North Turkey Creek, Sandy Mush and Swannanoa participated in the shooting. They played with Gee Haw Whimmy Diddles (propellers on a stick), a Ricky-Tick Dancing Man (a puppet on a stick) and a boat with a rubber band windup propeller. These were all donated by the Folk Art Center in Asheville. A dog named Muffin, a horse and a pony were also part of the cast.

Bob Emerick, the producer and an 18-year veteran of the series, chose the valley at the foot of Early's Mountain because it provided the flavor of the Appalachian countryside.

These new scenes were edited into opening footage which appears at the start of each show and is accompanied by the series' theme song. Previously, most of the show's openings include footage shot in New York, California and Hawaii.



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Asheville area children romp in a field during the taping of footage for the opening sequences of TV's "Sesame Street."



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4071: Season spanning robe in two lengths. Misses or Men's Sizes XS(30-31), S(32-34), M(36-38), L(40-42), XL(44-46) are included in pattern.
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OFFER GOOD THROUGH MARCH 31, 1989



5555: Soft, feminine and pretty. Robe and nightgown (sleeveless or long sleeved) for that special little girl in your life. Children's Sizes 3 to 10 are in pattern.
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OFFER GOOD THROUGH MARCH 31, 1989

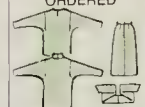


6008: Instructions for making 10 fabulous craft projects. Workshop features gingham basket, memo pad, hang-ups, and much more.
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OFFER GOOD THROUGH MARCH 31, 1989



5554: Versatile dressing, pieces that mix and match, cowl and round neck top, straight and paneled skirt, plus sash. Misses Sizes 8 to 18 included in pattern.
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OFFER GOOD THROUGH MARCH 31, 1989



4083: The romantic charm of a cape. Button on or off scarf adds dash. Misses Sizes S(8-10), M(12-14), L(16-18), XL(20-22) are included in pattern.
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OFFER GOOD THROUGH MARCH 31, 1989



5556: Dressing for the woman who wants to look and feel her best. Pattern includes chemise and sheath dress (in two lengths) that is accented with a jacket or easy top. Sizes 16 to 24.
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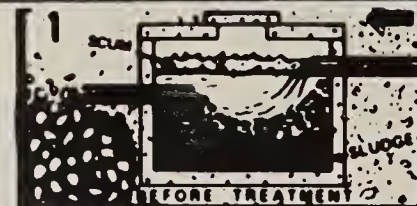
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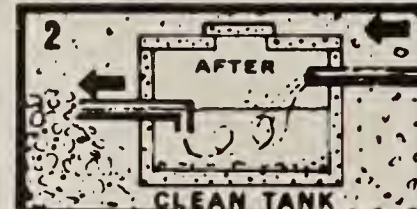
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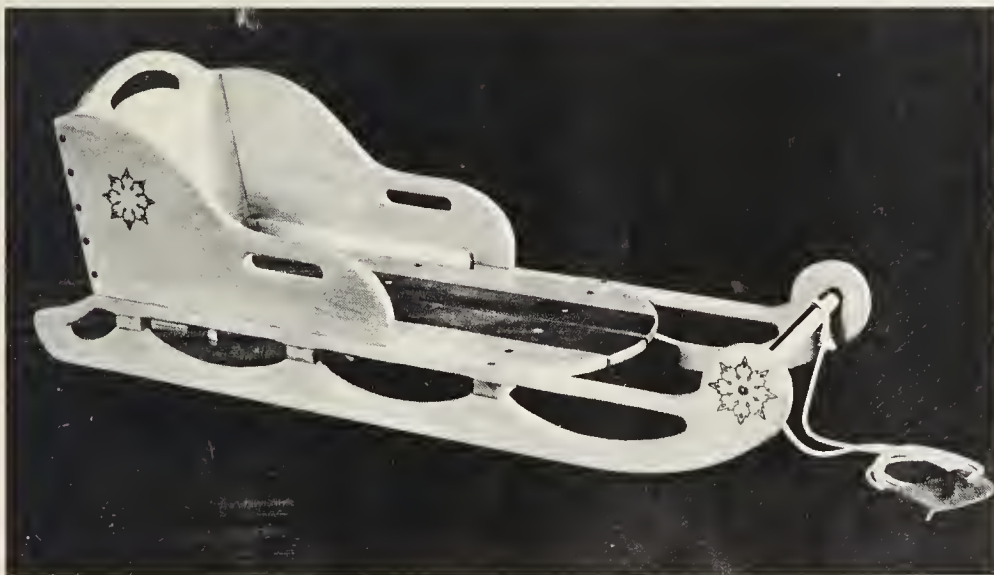
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Round Soda Bread

*Submitted by
Cleo R. Smith, Burlington*

- | | |
|-----------------------------------|-------------------|
| 3 C. flour | 1/8 Tsp. salt |
| 2 tsp. (heaping)
baking powder | (pinch) |
| 1 C. raisins | 1 egg |
| | 1/2 C. buttermilk |

Mix above ingredients well. Put in a greased, floured round pan (a cake pan may be used). Shake some flour on top. Bake at 450 degrees for 10 minutes. Turn oven down to 350 degrees for 20 minutes more. Good!

Quick and Easy Bread

*Submitted by
Mrs. Jeffery A. Mitchem, Morganton*

- | | |
|------------------------|----------------|
| 2 C. all-purpose flour | 1/2 C. butter |
| 2 Tbsp. sugar | or margarine |
| 1 Tbsp. baking powder | 2/3 C. milk |
| 1/2 Tsp. salt | 1 egg (beaten) |

Stir together all ingredients in a mixing bowl. Pour in 8" x 8" greased baking pan. Bake in 450 degree oven for 20 to 25 minutes.

Sweet Potato Biscuits

Submitted by Mrs. Linda Wheeler, Statesville

- | | |
|---------------------------------|-------------------------|
| 2 C. sweet potatoes
(cooked) | 1 Tsp. salt |
| 1 stick margarine | 3 C. flour |
| 1/2 C. sugar | 3 Tsp. baking
powder |

Stir sweet potatoes, margarine and sugar while potatoes are still hot. Add in remaining ingredients and mix well. Roll and cut into biscuits. Bake at 425 degrees until golden brown. Serve hot with butter. Delicious!

Onion Bread

Submitted by Ms. Ava Good, Lenoir

- | | |
|--------------------------|-------------------|
| 1 C. onions
(chopped) | 1/2 C. corn meal |
| 1 C. self-rising flour | 1/2 C. water |
| | 1 Tbs. shortening |

Combine onions, flour and cornmeal and mix together, adding water a little at the time. (You may not need all of the water.) Pour batter into greased pan, pancake size, one by one over medium heat. Cook until golden brown.



Special Breads For Holiday Baking



Delicious breads, warm from the oven, can add an inviting touch to any meal—especially during the holidays. You might want to try these special breads for your family Yuletide gatherings.

All the recipes are from *Carolina Country* readers. Two were especially recommended as family favorites.

Cleo R. Smith of Rt. 11, Burlington, said her Round Soda Bread is a "country recipe that has been used in my family since I was a child and long before that."

Mary S. Overman of Rt. 2, Harmony, said her "Old Time" Yeast Bread always "delights" her family at Christmas and on other special occasions.

Mississippi Corn Bread

Submitted by Ms. Lucille M. Plyler, Statesville

- | | |
|-------------------------------|---------------------|
| 1 C. corn meal
self-rising | 1/2 C. creamed corn |
| 1/2 C. oil | 8 oz. sour cream |
| | 2 eggs |

Combine all ingredients and mix well. Pour into pan and bake at 425 degrees for 25 to 30 minutes.

"Old Time" Yeast Bread

Submitted by Mrs. Mary S. Overman, Harmony

- | | |
|----------------------------|---|
| 1/2 C. yellow
corn meal | 1/4 C. plain flour plus
1/2 C. wheat germ
(stir well) |
| 1/3 C. brown sugar | 1 heaping Tbsp. plain
flour and oatmeal
to equal 1/2 C. |
| 1 Tsp. salt | 4 1/4 to 4 1/2 C. |
| 2 C. boiling water | all-purpose
flour (sifted) |
| 1/2 C. cooking oil | |
| 2 pkg. active dry yeast | |
| 1/2 C. water
(lukewarm) | |

Thoroughly combine the corn meal, brown sugar, salt, boiling water and oil. Let cool to lukewarm, about 30 minutes. Soften yeast in the 1/2 C. lukewarm water. Stir into the corn meal mixture. Add the plain flour, wheat germ mixture and then add the oatmeal/plain flour mixture and mix well. Stir in enough all purpose flour to make a moderately stiff dough. Turn out on lightly floured surface and knead until smooth and elastic (6 to 8 minutes). Place in a greased bowl, turning once to grease surfaces. Cover and let rise in warm place until double in size (50 to 60 minutes). Punch down, turn out on a lightly floured surface and divide in half. Cover and let rest 10 minutes. Shape into two loaves and place in greased 9" x 5" x 3" loaf pans. Let rise again until almost double, about 30 minutes. Bake in 375 degree oven for 45 minutes or until done. (Cap loosely with foil after first 25 minutes if bread browns rapidly.) Remove from pans. Cool on rack.

Would You Like To Share Your Recipes?

If you would like to share a recipe with this column, send it to: *Carolina Country*, P.O. Box 27306, Raleigh, North Carolina 27611.

We pay \$5 for published recipes and present each monthly winner a set of 50 recipe cards featuring a reprint of the published recipe.

Many North Carolinians attending the recent 1988 North Carolina State Fair were surprised and delighted to find something brand new in fair exhibits when they visited the Scott Building. It was an old-style "barn" that served as a focal point for the fair's theme: "Goodness Grows in North Carolina."

Inside the mock barn were 24 exhibits covering most North Carolina agricultural products, and each of the two dozen booths held artifacts that traced the last 50 years of agricultural progress in North Carolina. The nostalgia was divided between actual antique farm implements and photo enlargements that showed the difference between "then" and "now."

Painted background boards emphasized the effect.

People by the thousands went through the exhibit every day, and the new concept was pronounced such a success that plans are already

Popular Fair Exhibits Tout N.C. Products

Concept to be expanded for repeat in 1989.



under way to create the same kind of show—only bigger and better—for the 1989 fair.

A lot of people worked to create the new concept. With the blessing of Agriculture Commissioner Jim Graham, the North Carolina Agriculture Department's (NCDA) Marketing Director Wayne Miller and Mrs. Teresa Hamby, coordinator of the "Goodness Grows" program, worked with commodity groups to get the 24 exhibits together. Many other NCDA staffers also worked on the project, with guidance from an advisory group of volunteers who remember how agriculture was practiced half a century ago.

But public reaction was the key. School-age youngsters came with their parents and grandparents, and all seemed delighted with this glimpse of agricultural history.

If plans are carried out, next year's show will be twice the size of the first one.

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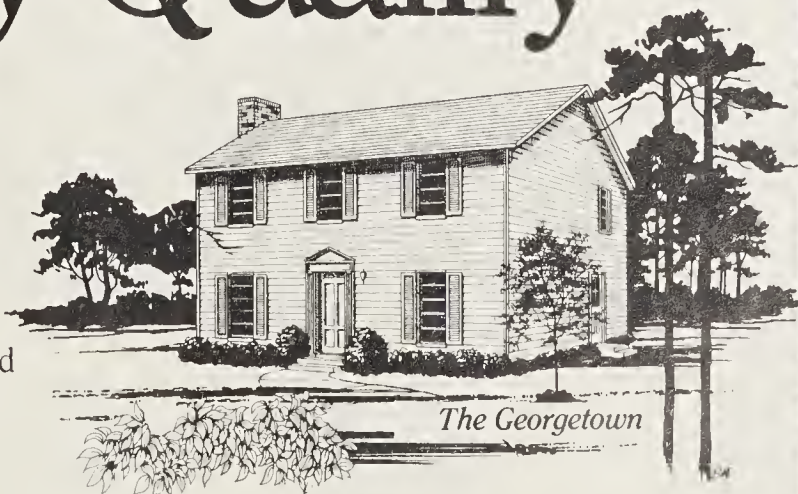
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The "Noblest" Knighthood

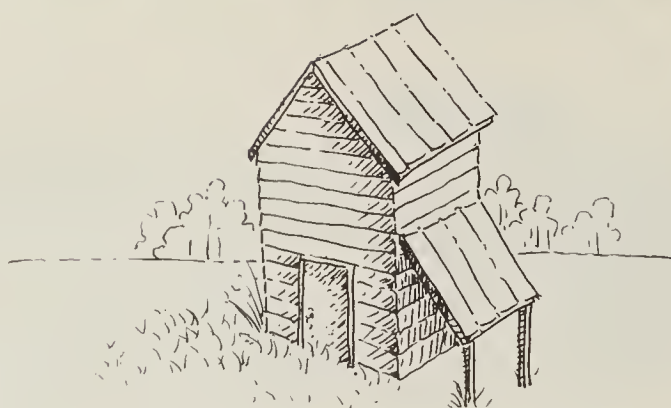
*So here's to the
lineman, the
son-of-a-gun
Who can do without
sleep for a week,
Who sticks to the job
till it's every bit
done
And the feeders can
carry the peak.*

*For his is the knight-
hood that's noblest
by far,
The highest and
mightiest clan...
He's fighting the bat-
tles of things as
they are,
In the cause of the
service of man.
—Chand Gardner*

Granny's Special "Gourmet" Turkey

It was dramatic to watch (my grandmother) decapitate (a turkey) with an ax the day before Thanksgiving. Nowadays the expense of hiring grandmothers for the ax work would probably qualify all turkeys so honored with "gourmet" status.

—Russell Baker



Tobacco bulk barns may be great for the curing process, but chances are good nobody ever had any romantic thoughts in connection with one.

It was different in the old days—any time up to World War II. While some old tobacco barns had oil burners or propane systems, many a barn of North Carolina tobacco was cured over a fire of pine slabs that fed a lot of heat to the flues. That's how we got flue-cured tobacco.

Sometimes the firebox, located in the center of the front of the barn, had to keep a fire all night long. That's when the younger boys on the farm had to stay up all night—or as late as the fire had to keep burning.

Sometimes their friends would join them to "sit up with the fire." Sometimes those friends were young girls from neighboring farms. At times there might be two, three or even four couples sitting up with the fire.

The work was light. You just pushed two or

"Sitting Up" With The Fire Often Inspired Romance

three slabs from the big pile into the firebox, just as the firemen on steam locomotives shoveled coal. In between you had plenty of time for relaxing.

One favorite way of passing the time was to cook a pot of stew, using the flaming heat from the fire. An old hen would run out of luck and end up in the pot, along with sweet corn scraped off the cob, butterbeans, maybe some tomatoes or potatoes or whatever the garden provided.

The stew cooked slowly, bubbling in a large pot. When it was ready, you had a big bowl or plate filled with hot, fresh firebox stew.

Young people would also pick a guitar and sing. That's when romantic thoughts might have stirred amid the firelight.

The system worked. The fire burned brightly. The flues stayed hot. And young hearts often took on another kind of warmth in the North Carolina moonlight.

—Frank Jeter Jr.



Try A Berry-Good Recipe

Pineapple-Cheese Bake

- | | |
|---------------------------------|------------------------------|
| 1 (20 oz.) can pineapple chunks | 1 C. shredded cheddar cheese |
| 1/2 C. sugar | 1/4 C. melted margarine |
| 3 Tbsp. all-purpose flour | 1/2 C. Ritz cracker crumbs |

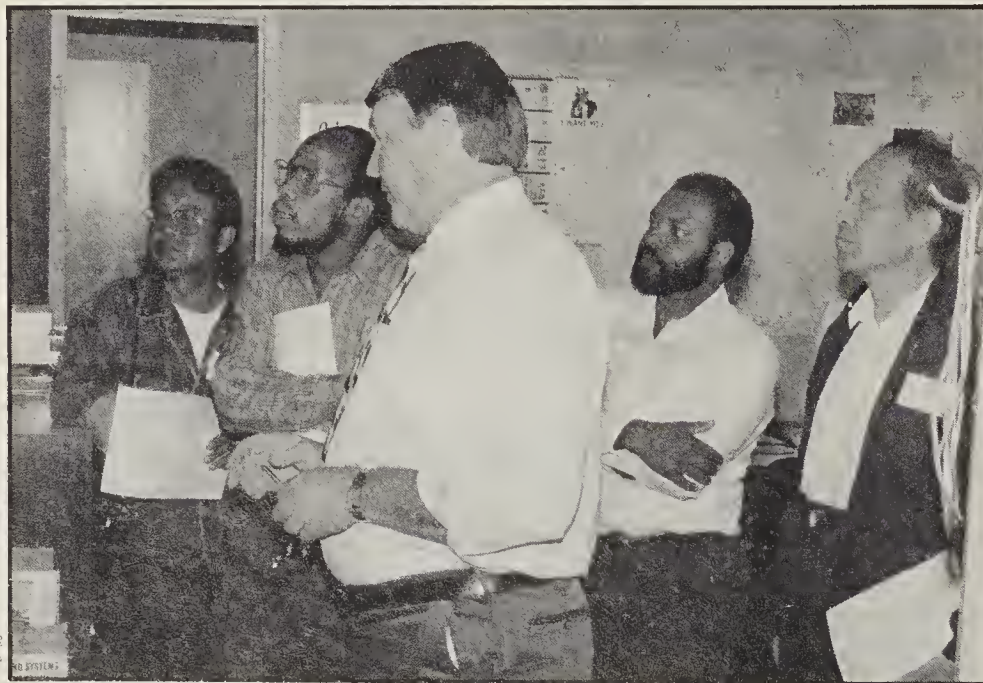
Drain pineapple well, reserving 3 tablespoons juice. Combine sugar, flour and juice; add cheese and pineapple chunks. Stir well. Spoon into greased 1-quart casserole. Combine margarine and cracker crumbs; sprinkle over pineapple mixture. Bake at 350° for 20-30 minutes. Serves 4-6.

The recipe above is from *Berry-good Recipes*, a cookbook published by the Lewisville School PTA in 1985. The 153-page softcover book was a "joint effort" of the Forsyth County school's teachers, staff, parents, students and friends, according to its preface.

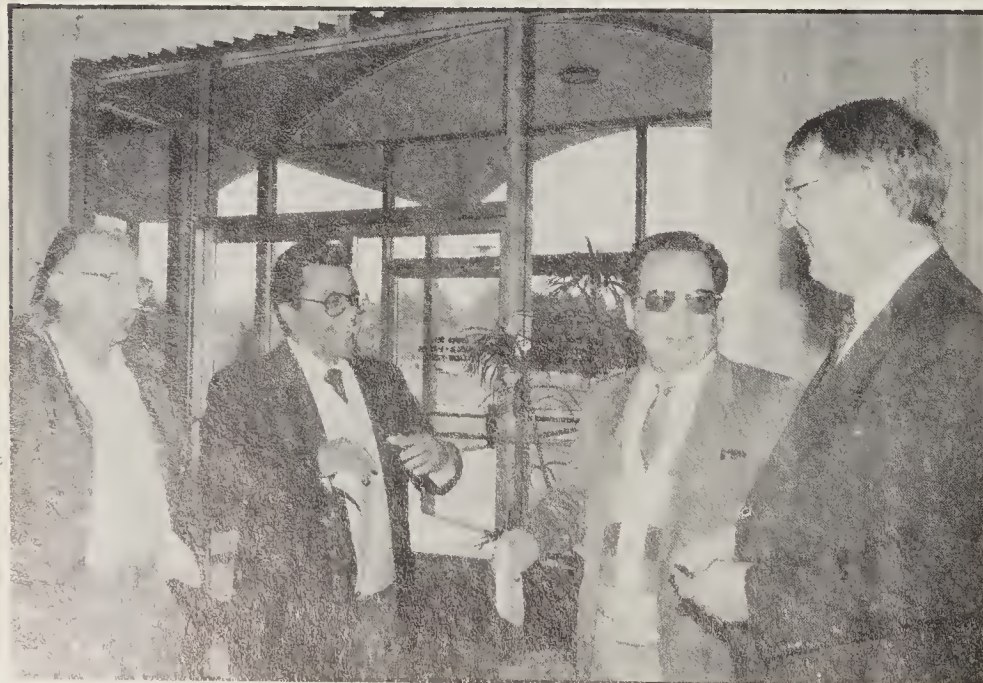
The cookbook is priced at \$6, including shipping and postage. Mail orders to PTA Cookbook, 6500 School St., Lewisville, NC 27023.



—Randy Wheelless



—Jeff Louie/South River EMC



—Randy Wheelless

Internationals Call On Five Tar Heel EMCs

Five North Carolina electric cooperatives hosted utility leaders from around the world recently as part of an international visitors program sponsored by the National Rural Electric Cooperative Association.

Blue Ridge Electric Membership Corporation (EMC), Lenoir; South River EMC, Dunn; Jones-Onslow EMC, Jacksonville; Lumbee River EMC, Red Springs and Union EMC, Monroe, participated in the program, which involved visitors from Asia, Central America, Africa and South America.

"I think the program went real well," said Kenneth G. Jones, marketing manager of Jones-Onslow EMC. "I hope we provided them with sufficient information on what interested them. We gave them a real nuts-and-bolts tour of our operation—inside and outside."

The program is designed to give practical experience to the visitors on how electric cooperatives operate in the United States. Although some countries have such cooperatives, many have utilities that are government-operated.

TOP: Huo Honglie of China, center, was one of four international visitors who recently observed operations at South River Electric Membership Corporation (EMC), Dunn, and at the Raleigh offices of the North Carolina statewide EMC organization. Honglie, deputy director of the Department of Rural Energy and Rural Electrification in Beijing, China, discusses operating procedures for American electric co-ops with Marvin O. Marshall, manager of South River EMC, left, and Douglas P. Leary, assistant to the executive vice president of the statewide association, during the group's visit to Raleigh. CENTER: Buddy Creed, South River EMC's director of operations and engineering, refers to a map of the co-op's service area in explaining engineering procedures for the visitors. They are, from the left, Lao Honguren of China; Cornelius Edmund of St. Lucia, West Indies; Lennox Broune of Monserrat, West Indies and Honglie. BOTTOM: Wayne Keller, executive vice president and general manager of Blue Ridge EMC, Lenoir, right, greets two international visitors and an interpreter at the co-op's headquarters. From the left are Manuel Lorenzo of Rt. 5, Boone, a consumer-member of the co-op who served as interpreter, Dr. Jorge Paz and Jose Josesserrate, both of Bolivia.

Stanly County Family Earns Statewide Honor For Farming Practices

A Stanly County family farm has been named North Carolina's leading farm conservation operation by the Division of Soil and Water Conservation.

Spurgeon and Alene Brooks of Rt. 2, Richfield, accepted the honor recently at their Sunnybrook Farms, Inc., and will represent the state in the 1988 national Conservation Farmer/Rancher Awards Program.

The National Endowment for Soil and Water Conservation sponsors the program, which is funded by the Du Pont Company. It honors individuals who expand their efforts to protect natural resources.

The Brooks family, consumer-members of Union Electric Membership Corporation, Monroe, will compete with 50 other statewide winners in the national competition. Ten national finalists will receive an expense-paid trip to the national awards ceremony in St. Louis.

From the 10 finalists, three nominees will be chosen to receive a \$1,000 cash award and a certificate at a special White House ceremony in Washington in December.

Farming since 1945, the Brooks family has turned more than 900 acres of sloping hills and problem soil into a highly efficient and productive operation.

In addition to an excellent dairy operation, the Brooks family also uses "no-till" farming methods which have produced record corn yields in the area.

Using the "no-till" method, the family plants directly into the previous year's crop. This enables the stubble and old crops to act as shields—protecting the soil from wind and water erosion.

The Brooks experiments with no-till farming enabled them to set a county record in the 1986 no-till corn contest with an average yield of 179.4 bushels per acre. This was also one of the highest yields in the state.

"When North Carolina farmers, such as the Brooks family, incorporate conservation of soil and water out of reflex, it strengthens the future of farming in this state and improves our environment," said Rebecca Rhyne of Dallas, one of the state contest judges.

Oxford Native World Auctioneering Champion



Michael Cutts is \$10,000 richer after beating out a field of 48 competitors in the 8th Annual World Tobacco Auctioneering Championship recently in Danville, VA.

A native of Oxford, the 33-year-old Cutts was the first runner-up in last year's championship. His family roots are deep in tobacco auctioneering—his grandfather started the tradition back in 1923.

Cutts, who has been auctioneering for 15 years, currently works in the Danville and Richmond, KY, tobacco markets.

The tournament, sponsored by R. J. Reynolds Tobacco USA, judges competitors on their chants, ability to recognize bids, pace and salesmanship during a mock tobacco sale. A professional auctioneer chants about 500 words a minute.

Chuck Jordan of Danville picked up \$5,000 for second place while Harry F. Crisp of Pinetops received \$2,500 for third place.



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Museum Exhibition: A Kaleidoscope Of Color and Pattern

A kaleidoscope of color and pattern greets visitors at a new exhibit in the North Carolina Museum of History in Raleigh.

The exhibit, "North Carolina Quilts: Selections from the North Carolina Quilt Project," features 67 quilts from all over the state, dating from the 1820s to the 1970s. Quilts are arranged in sections, with various anecdotes and bits of quilt history included.

The quilt exhibit, which will be on view through Jan. 15, 1989, is an outgrowth of a two-year documentation of North Carolina quilts by the N. C. Quilt Project. During 1985-86, more than 10,000 quilts were examined at 75 "documentation days." Owners presented quilts for examination, identification and photographing. The quilt owner, name of the quilt, date made, approximate age, and any

other known details were recorded.

North Carolina quilters and quilt owners were enthusiastic about the project and brought in quilts of every description, according to Ruth Haislip Roberson of Durham, quilt documentation director.

The quilt project grew from a concern about the loss of North Carolina quilts due to wear and tear, owners moving out of state and visitors from out of state buying Tar Heel quilts.

Mrs. Roberson said she felt sad that so much of North Carolina's quilt history was disappearing at such an alarming rate.

"We needed to develop a permanent record since so little has been written about quilting in North Carolina."

The documentation project, which also produced a book (see sidebar, opposite page) revealed diverse reasons for quilting.



Mrs. Jerry H. Ferguson of Raleigh, left, and Martha Battle, chief registrar of the North Carolina Museum of History, display one of the quilts from the museum's current exhibit of North Carolina quilts. This quilt was made by Mrs. Ferguson's great-great grandmother, Emily Johnson of Johnston County, in 1875. It was used as a wedding gift for Mrs. Johnson's son when he married in 1880. The quilt was one of two family quilts that survived when the son's home was destroyed by a tornado in 1884. Only a coffee mill and a pine chest containing the quilts were salvaged.

At first quilting was a leisure pastime of the privileged classes to show off their needleworking skills.

The wives and daughters of planter and merchant families were able to buy fine imported or home manufactured fabrics. Later, many women made quilts from salvaged materials, such as flour and sugar sacks, feed bags, smoking tobacco pouches and remnants and scraps from home sewing. In all cases, the makers displayed artistic skill and craftsman-

ship, according to Kathy Sullivan, documentation coordinator.

In five sections entitled, "Quilting Beyond Tradition," "With Love and Pride," "Making Do," "Stars Over North Carolina" and "Designs From Nature," the exhibit displays the great diversity of North Carolina quilts.

The exhibit, which is co-sponsored by the N. C. Museum of History Associates, is the first of two shows that will focus on North Carolina quilts. Quilts from

the museum's own collection will be featured in the second exhibit, Feb. 1-June 11, 1989.

Both shows will be open without charge. For more information, call the museum at 733-3894 or write the N. C. Museum of History, 109 E. Jones St., Raleigh, NC 27611.

The museum, an agency of the N. C. Department of Cultural Resources, is open Tuesday through Saturday, 9 a.m. to 5 p.m.; Sunday, 1-6 p.m. Closed Mondays.

Alleghany County Quilt

A "Chancy" Gift For Mrs. Gorbachev

The following story is reprinted from *The Enlightener*, the monthly consumer newsletter of Blue Ridge Electric Membership Corporation, Lenoir. The story and black-and-white photos are by Maggie Gidney, a communications specialist at the co-op.

When Julia Spidell of Alleghany County received a request from the U. S. State Department to make a quilt for Nancy Reagan to present to Raisa Gorbachev, she turned to an unlikely partner for help.

Mrs. Spidell asked her friend Pawnee Choate to assist her in quilting the gift that would represent the United States in Moscow. Yet Mrs. Choate had never quilted in her life.

"I knew what I was getting into," Mrs. Spidell recalled. "I had made a similar quilt in six weeks, but there wasn't six weeks—there was a month. Pawnee and I had never worked together before the phone call (from Washington). In fact, I had never worked with anyone on needlework. But I had seen her machine work and knew her attitude was perfection."

Mrs. Choate, an Alleghany County native and one of the first four clothing inspectors at Hanes Knitting Mill in Sparta, said, "I knew I



Julia Spidell



Pawnee Choate

could help her. When you work 33 years at Hanes, you learn to take instructions."

And take instructions she did. For the next three weeks Mrs. Choate cut, basted and removed basting while Mrs. Spidell appliqued and quilted her adaptation of the 19th century pattern "Basket of Flowers."

"There is a long tradition of giving quilts from persons who want to give an impressive gift," says Mrs. Spidell.

In this case, it was impressive enough for *People* magazine to include a story about Julia and her quilt in a June issue. But there's more to this story than a colorful quilt finished in record time as a gift from one superpower to another.

Their quilt is the latest chapter of a cooperative story spanning a decade.

Mrs. Spidell, a former art teacher, and her husband, Robert, a retired contractor, moved to North Carolina from Florida in 1976. Not long afterwards, Robert was bitten by an insect and went into a coma. Mrs. Spidell now takes care of him at their home.

"Mrs. Choate and I met at a dinner party after he (Robert) got sick," said Mrs. Spidell. "I can't get out, but Pawnee and her sisters make sure I can get out and get groceries. They're marvelous people."

In turn, Mrs. Spidell is teaching Mrs. Choate how to applique. And since she has quilts in London and Paris and has won many awards, Mrs. Choate has quite a teacher.

Mrs. Spidell said doing the quilt project "was chancy, but it worked out fine. In fact, we're going to continue working on projects together."

—Maggie Gidney

Book Spotlights Tar Heel Quilts, Quiltmakers

Color photos of more than 100 quilts crafted in North Carolina prior to 1976 are featured in a new book published by the University of North Carolina Press.

North Carolina Quilts includes chintz applique quilts, intricately pieced and appliqued quilts, crazy quilts and examples of ingenious thrift in quilting, using found and salvaged materials.

The quilts were selected from more than 10,000 that owners had recorded by the North Carolina Quilt Project in 1985-86.

The 214-page book was edited by Ruth Haislip Robertson of Durham, quilt documentation director with the project.

The book is available for \$29.95 for the cloth cover edition; \$17.50 for the paperback. It's sold at various bookshops or can be ordered from University of North Carolina Press, P.O. Box 2288, Publicity Department, Chapel Hill, NC 27515-2288.



Mrs. Julia Spidell and Mrs. Pawnee Choate made this quilt at the request of the U.S. State Department. Mrs. Reagan presented it as a gift to Mrs. Gorbachev.



HANK'S GARDENING GUIDE

Autumn's cool weather is prime time to remove and replace overgrown shrubs and to establish shrubby borders and/or hedges. The advent of cooler weather (coupled with plants' preference for transplanting during dormancy) makes for near-ideal conditions for planting or transplanting trees and shrubs. Autumn rains (or the garden hose) put soil in good condition for digging and

planting. New roots develop and "take hold" over winter.

"Winterize" Garden Soil

One of the best ways to eliminate many insects and diseases in the soil is to plow the ground now—and let it lie fallow through the winter. Don't attempt to smooth the soil down into an even layer. Rather, let it lie rough so winter

freezes can kill many insects exposed in the plowing, disking or spading.

Add fertilizer to the soil next spring before planting is done.

Composting

Continue to add fallen leaves from deciduous trees and shrubs to your compost pile. They will afford additional decomposed organic matter for the next growing season. Add about one-half cup of ammonium nitrate (or another high-nitrogen fertilizer) to each six or eight inches of compressed leaves or other vegetation. Also add a thin layer of garden soil at this time to help speed up decomposition.

You'll want to remember to keep the compost pile wet. A depression in the top of the pile can be used effectively to retain and conserve water.

Provide additional aeration by turning the compost occasionally.



Watch Those Houseplants

As days become shorter, decrease by one-half the amount of water and fertilizer for houseplants.

You'll want to watch your houseplants for signs of insufficient light. They will begin stretching out for more light, becoming weak, leggy and gangly. If this happens to one of your plants, pinch it back just above a set of leaves or a leaf bud. And, move it to the brightest light available. Sometimes it helps to get the plant near a lamp that is turned on for several hours a day and/or night.

A more common problem is a lack of moisture in the air of our homes. Forced air

furnaces and electric heat both warm and dehydrate the air. Since many of our houseplants are native to tropical rainforests, dry air causes them severe stress.

To increase the humidity of the air around your plants, try grouping them on trays of damp peat or damp pebbles. Add water to the trays daily. As water evaporates it makes a more humid condition around the foliage. Spray misting with luke-warm water early each morning also helps. Another means of getting more moisture into the atmosphere around plants is to place dishes of water around them.



Autumn Clean Up

Tidy up any garden areas that look unkempt. Gather up all dead plant materials and add to the compost pile. Mums should be cut back to six- to eight-inch stubs after they have finished blooming.

You'll want to gather up dead plant materials to add to the compost pile. Keep leaves raked to avoid damage to the lawn—use them to build up the compost pile.

You'll want to check garden tools before storing over winter. Be sure choppers, shovels, hoes and the lawn-mower blades are sharpened. Clean away any dirt and grime with steel wool. Give blades a light coating of motor oil.





HANK'S GARDENING GUIDE

By Hank Smith

Let Elevation Guide You In Planting Shrubs And Trees

At lower elevations, specimens of small trees and shrubs can be planted with success during the late fall if the job is done with care. At higher elevations, spring planting will be better for broad-leaved evergreens and many deciduous trees.

At lower elevations, late fall planting allows the roots to gain a foothold for a fast start next spring; while spring-planted shrubs often have it rough, especially in hot, windy weather.

When planting shrubs, make the holes large enough for the roots of plants to spread out. The soil should be a good medium loam. In many cases, when soil lacks natural fertility, peat moss or well-rotted hardwood dust can be added to the soil.

A good practice is to prune back about one-third of the top growth at planting time. Roots become established and get a better start when the top growth of the plant has been reduced, because there will be less foliage for the roots to support.

Do not mound soil around the plant. Instead, leave the soil in a saucer shape sloping toward the trunk. This allows water to collect where it will soak down to benefit the roots as they become established.

A good mulch over-winter around newly planted trees and shrubs is pine straw, peat moss, straw, shredded bark, or leaves raked from beneath broadleaved trees and shrubs.



Liming

If a soil test indicates that lime is needed in either your vegetable garden or your lawn, now's a good time to apply it.

Spread the recommended amount of lime evenly over the soil surface; it works very slowly into the soil. By applying lime now, you take advantage of winter rains, freezing and thawing to move the lime toward the root zones of plants.

Vegetables

Try to gather all warm-weather crops before the first killing

frost. Pick green tomatoes and place them in a warm, sunny window to ripen.

Caution in Buying

In selecting plants at the nursery, check out the ball of soil around the roots of each plant. The size of the ball is more important than the size of the plant.

A big plant that's dug with a small ball of soil suffers a great shock. Yet, the small plant dug with a generous ball hardly knows it has been moved and will quickly outpace the other in growth.


When lifting the balled-and-burlapped plant always grip it at the bottom of the ball. To use the trunk or limbs for a "handle" in transporting can cause the soil to become separated from the roots. Without close contact between the roots and the soil, the plant can suffer.

Irrigation

If rainfall has been scant, you'll want to give plants a good soaking before the weather gets cold.

A lack of moisture causes drying of evergreen foliage and dropping of fruit and flowerbuds.

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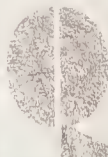
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Robert Koger Takes Top Post At Alternative Energy Corporation

Robert K. Koger of Raleigh, who has been a member of the State Utilities Commission since 1977, has assumed the post of president and executive director for the North Carolina Alternative Energy Corporation (AEC).

Koger, who was chairman of the commission in 1980 when the agency and the state's electric utilities established the non-profit corpora-



tion, succeeds Jon Veigel, who resigned to become executive director of Oak Ridge Associated Universities in Tennessee.

A graduate of the University of Tennessee, Koger holds a master's degree in economics and a doctorate in industrial engineering from N.C. State University.

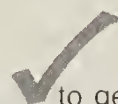
Prior to his appointment as a member of the Utilities Commission, he served for 10 years on the commission staff, with his last assignment as chief engineer. Earlier, he was

an engineer with the Rural Electrification Administration.

AEC is the nation's only joint venture in energy between government and public and private power organizations. With headquarters in Research Triangle Park, the non-profit corporation promotes energy efficiency state-wide through programs geared to agriculture, community groups, industry, residential/commercial builders and utilities.

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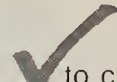
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Annual Meetings Calendar

Date	Electric Membership Corporation	Time	Location
November			
10	Pitt & Greene, Farmville	Registration: 6:45 p.m. Business Meeting: 7:30 p.m.	Farmville Central High School, Farmville
December			
2	Tideland, Pantego	Registration: 6:30 p.m. Business Meeting: 7:30 p.m.	Pamlico County High School Auditorium

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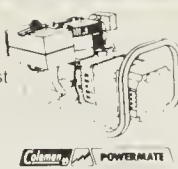
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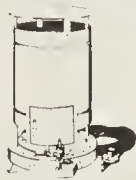
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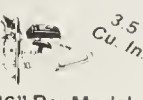
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Ramesses II Exhibit: A Fascinating Glimpse Of Ancient Egypt's Life and Culture

The Charlotte Mint Museum's exhibit of artifacts from the reign of Ramesses the Great offers a fascinating glimpse of ancient Egyptian life and culture.

The show includes 73 gold, silver, ceramic and stone objects, all of them dating back about 3,000 years.

Ramesses ruled as pharaoh for 66 years, from 1279 to 1213 B.C., and left a legacy of temples and statuary that made the country "a virtual open-air museum," according to one Egyptian antiquities expert.

More than half that country's temples and monuments standing today are said to have been ordered by Ramesses or to represent additions to his buildings.

Given the king's passion for such things, it's no surprise that the visitor's first stop at the exhibit—after the eight-minute orientation audio-visual show—is the impressive granite sculpture of Ramesses known as the Colossus of Memphis. It stands three stories high and weighs 51.5 tons.

The stone giant is housed amid a columned temple area that's part of a temporary entrance the museum erected especially for this exhibit.

Other stone pieces offer additional artistic interpretations of Ramesses as well as his mother and his many wives.

The exhibit is mounted in an appealing fashion, with subdued lighting and plenty of space to allow for a smooth flow of visitors.

A helpful Acoustiguide rental tape is available to direct your trip through the exhibit, with commentary by Hollywood's own "Moses"—Charlton Heston.

That's a nice touch, especially when you learn that many scholars believe Ramesses II was pharaoh during the Biblical Exodus.

The museum staff asked Dr. Max Polley, head of Davidson College's Department of Religion, to prepare a position paper on the subject and he provided a thoroughly documented piece supporting that theory. He said the argument is based on "a combination of biblical references, Egyptian history and archaeological evidence."

If you haven't seen the exhibit and still hope to do so, keep in mind that the show has proven to be quite popular and it closes Jan. 31, 1989. Saturdays are already sold out through mid-December with total ticket sales running well ahead of the museum staff's expectations. At this writing, advance ticket sales have already reached about 400,000.

The show will be open every day except Christmas Day, from 9 a.m. to 9 p.m. Tickets are available at all Ticketron outlets and by calling this toll-free number: 800-233-4050. For more ticket information or to purchase tickets by mail, call the exhibit ticket office at (704) 336-6100.



The Mint as it appeared at its downtown Charlotte location around 1860.

Showy Egyptian Artifacts Overshadow Their Historic Queen City Setting

Many North Carolinians have been intrigued by the rich history represented in the Ramesses exhibit in Charlotte but they may well have overlooked the historical significance of its setting.

The Mint Museum was the first art museum in North Carolina when it opened in 1936. The original building served as the Charlotte Mint, a branch of the Philadelphia Mint, from 1837 until the beginning of the Civil War.

The branch mint was established because of the emergence of the Piedmont region as a major gold-producing area after a rich deposit of gold nuggets was discovered near Concord in 1790.

At one time there were between 75 and 100 gold mines within a 20-mile radius of Charlotte. The gold from these mines was sold to local banks, sent to the Bechtler's private mint in Rutherfordton or shipped to the U.S. Mint in Philadelphia. When these alternatives proved unsatisfactory, Congress appropriated funds to establish the new mint in the Queen City. During the Civil War, the building served as a Confederate Headquarters and hospital. Later, it was used as an assay office and as a site for local meetings.

When the building was threatened by encroaching development in 1933, a group of preservationists bought it, had it demolished and reconstructed. It was moved to its present site on Randolph Road from a West Trade Street location.

The reconstruction was handled by the Federal Emergency Relief Administration between 1934 and 1936. Since then, the facility has been expanded twice—in 1936 and in 1983. An elaborate temporary entrance was added for the Ramesses show but it will be removed when the exhibit closes in January.

The front facade of the original building has been kept intact and can be seen at the rear of the present facility.

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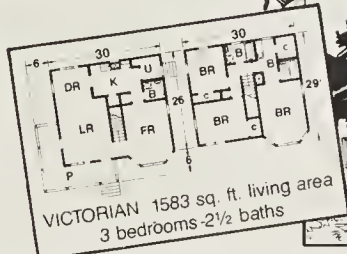
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